**THE ACADEMY OF NURSING SCIENCES & HOSPITAL**

**Notice**

This is to inform all students that sports week - 2018 is going to held on from 18.01.2018 to 23.01.2018. Students were divided to four houses; Namely Red, White, Green & Yellow. Nomination will be open from 09.01.2018 to 15.01.2018

List of games

**Outdoor Games Indoor Games**

|  |  |  |
| --- | --- | --- |
| **S.NO** | **BOYS** | **GIRLS** |
| 1 | cricket | Kho- kho |
| 2 | Badminton   * Singles * doubles | Badminton   * Singles * doubles |
| 3 | Volley ball | Spoon race |

|  |  |  |
| --- | --- | --- |
| **S.NO** | **BOYS** | **GIRLS** |
| 1 | Chess | Chess |
| 2 | Carom   * Pairs * Singles | Carom   * Pairs * Singles |
| 3 | Poster Presentation | Poster Presentation |
| 4 | Rangoli | |

**Athletics**

|  |  |  |
| --- | --- | --- |
| **S.NO** | **BOYS** | **GIRLS** |
| 1 | Running race 400 M. | Running race 200 M. |
| 2 | Relay race  (200 x 4) 800 M | Relay race  (100 x 4) 400 M |
| 3 | Long Jump | Long Jump |
| 4 | Shot put | Shot put |
| 5 | Javelin throw | Javelin throw |
| 6 | Discuss throw | Discuss throw |

Note

1. Timing for nomination 11.30 AM- 04.30 PM
2. Maximum participants for Rangoli 3 students.